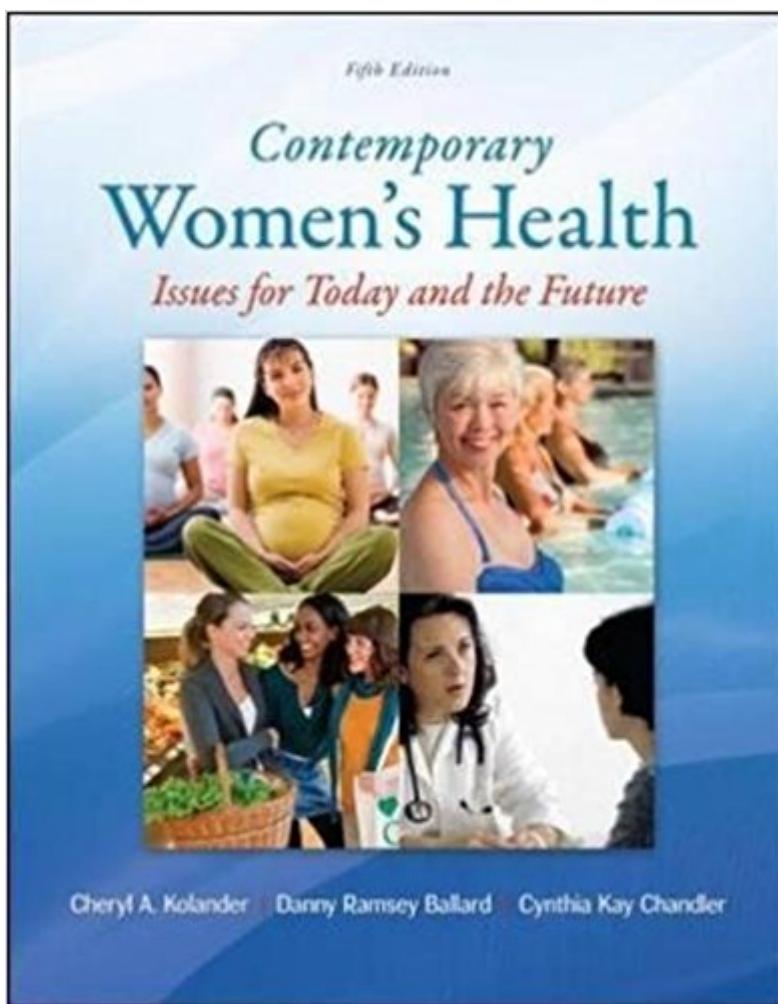


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# Contemporary Women's Health: Issues For Today And The Future



## **Synopsis**

Contemporary Womenâ™s Health emphasizes health promotion and the impact of multicultural and diversity issues on womenâ™s health. The text is written from a woman-centered perspective and offers thorough discussions on a broad range of female-centric topics including feminism and the women's health movement, global issues in women's health, and health concerns specific to diverse populations. It is appropriate for both nontraditional and traditional students in a variety of course settings including health education, general education, medical education, and womenâ™s studies courses that emphasize a holistic approach to health.

## **Book Information**

Paperback: 496 pages

Publisher: McGraw-Hill Education; 5 edition (February 19, 2013)

Language: English

ISBN-10: 007802854X

ISBN-13: 978-0078028540

Product Dimensions: 8.4 x 0.7 x 10.7 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: 3.7 out of 5 stars 41 customer reviews

Best Sellers Rank: #11,660 in Books (See Top 100 in Books) #20 in Books > Textbooks > Social Sciences > Gender Studies #42 in Books > Health, Fitness & Dieting > Women's Health > General #85 in Books > Politics & Social Sciences > Social Sciences > Gender Studies

## **Customer Reviews**

Cheryl Kolander is the Associate Dean for Academic Affairs in the College of Education and Human Development, University of Louisville. She is a professor in the Department of Health and Sport Sciences and previously served as a program director for health education. She received her baccalaureate degree from Luther College, Decorah, Iowa and her masterâ™s and doctoral degrees from Indiana University, Bloomington. She is a strong advocate for social justice and equity, and has a particular interest in advancing health equity for women. Her primary research focus is prevention science, with an emphasis on womenâ™s health, school health education, and accreditation. She directs the Center for Health Promotion and Prevention Science Research, a center for collaborative studies and advocacy related to prevention science. She is a member of the performance team for UofL collegiate athletics, serves on the advisory board for Get Healthy Now and chairs the curriculum committee for Fit4Me, an after school program for at risk girls.Danny

Ramsey Ballard, Professor in Health Education at Texas A&M University, has taught graduate and undergraduate TAMU students since 1985 and is the co-author of 19 health-related textbooks. Dr. Ballard conducts research in multiple dimensions of womenâ™s health and delivers presentations about womenâ™s health throughout the United States. She has published more than 30 research papers and other professional materials; presented more than 200 national, regional, and state presentations; and has been the co-principal investigator of more than \$1.72 million in funded projects. Dr. Ballard has been named a Fellow for the American Association for Health Education and a Fellow for the American School Health Association. She is currently President of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD).Cynthia K. Chandler, Professor of Counseling at the University of North Texas, received her doctoral degree in Educational Psychology from Texas Tech University in 1986 and has served on the graduate faculty at UNT since 1989. Every year, Dr. Chandler teaches nine counseling graduate courses, organizes and leads a variety of institutes and workshops, and supervises an abundance of counseling interns. She is the founder and director of the UNT Biofeedback Research and Training Laboratory and the UNT Center for Animal Assisted Therapy. Dr. Chandler is a Licensed Professional Counselor, a Licensed Marriage and Family Therapist, a nationally certified Biofeedback and Neurofeedback Therapist, and an Animal Assisted Therapist. The co-author of four books and numerous journal articles, she has given professional presentations in the United States, Korea, Austria, Greece, and Canada.

This book is awful! It was required for my women's health class and I honestly just couldn't believe the outright bias present in a lot of the topics. I feel that health books should be based on research, scientific fact and should avoid bias and opinion but this book falls terribly short.

The book itself and it's material is just fine. I am using it for a class BUT the book I physically received is falling apart and looks rough. At least I saved money by renting instead of buying another book that I will never open again after a class.

I needed this book for my women's health class. It was a required text. It serves its function but the formatting of the pages is absolutely awful. Very bland, colorless(it's all in black and blue), and was composed of big blocks of text. It makes it very hard to hold any interest in what one is reading. If you need it for a class, there's not much of a choice for you. But if you're looking at this book just because you're interested in learning about women's health, get a different book. I've included a

picture of what the average page looks like.

TONS of grammar, punctuation, and spelling errors in this book - to the point where some information is skewed because the phrasing is contradictory, or there is missing punctuation.

I needed this textbook for class, but I would definitely go back and purchase it again for personal use! This book is a great staple if you want to enhance any area of your life. There's chapters on stress, societal views on women's bodies, sexual wellness, mental health, financial independence, etc! Great book!

My daughter needed this for school and couldn't find an affordable copy. This was much more affordable and was the exact textbook she needed.

great

Thank you

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